



Meeting Street

THE EARLY CHILDHOOD INSTITUTE

Presents:

Megan Sheehy, RD - WIC Nutritionist, Meeting Street

Feeding Foundations in Early Childhood

The goal of this workshop is to give you an introduction to early childhood feeding from birth to preschool. We will cover topics such as breastfeeding, transitioning to solid foods, appropriate servings sizes, and picky eating.

Let's give children a healthy foundation!

Tuesday, December 11 - 6:00 PM to 8:00 PM

Registration starts at 5:30 PM

Workshop starts promptly at 6:00 PM

\$20.00 for professionals and caregivers and free for Meeting Street families.

Spanish interpretation will be provided.

Meeting Street

1000 Eddy Street, Providence, RI 02905

Space is limited! To register, please call 401.533.9252 or email cferrara@meetingstreet.org and leave your name and contact information
Light refreshments will be provided. Child care will be available
on first come first served basis.

Find more workshops at: www.meetingstreet.org/events